

Our Mission

Gulf Coast Teaching Family Services (GCTFS) is now doing business as Gulf Coast Social Services (GCSS). We are a private, non-profit corporation founded in 1983 in Louisiana to provide comprehensive human service programs for Louisiana citizens, children and adults, with various physical and mental challenges.

Our mission is to empower people with mental, physical, behavioral, and other challenges to improve the quality of their lives and to live as independently as possible in the community.

We operate seven regional offices located in Alexandria, Baton Rouge, Hammond, Houma, Lafayette, Lake Charles, and New Orleans.

Areas Served

Alexandria

(Lafayette satellite office)
1300 Jackson Street
Alexandria, LA 71301

phone: (318) 448-1801
toll free: (888) 448-1809
fax: (318) 448-1841

Baton Rouge

5850 Florida Boulevard
Baton Rouge, LA 70806

phone: (225) 201-0696
toll free: (800) 766-2291
fax: (225) 201-1792

Hammond

620 N. Morrison Boulevard
Suite A
Hammond, LA 70401

phone: (985) 542-1191
toll free: (800) 442-1191
fax: (985) 345-9910

Houma

(Main Office)
320 Progressive Boulevard
Houma, LA 70360

phone: (985) 851-4488
toll free: 1-800-947-7645
fax: (985) 872-0985

Houma

(Satellite Office)
2509 Petroleum Drive
Houma, LA 70363

phone: (985) 853-1445
toll free: (800) 831-2630
fax: (985) 853-0709

Lafayette

515 S. College Road,
Suite 100
Lafayette, LA 70503

phone: (337) 269-1165
toll free: (800) 285-8123
fax: (337) 235-1961

Lake Charles

(Lafayette satellite office)
825 Ryan Street, Suite 300
Lake Charles, LA 70601

phone: (337) 436-6622
toll free: (888) 436-6635
fax: (337) 436-4403

New Orleans

401 Whitney Avenue,
Suite 104
Gretna, LA 70056

phone: (504) 361-9950
toll free: (800) 947-5432
fax: (504) 362-9695

Long-Term Personal Care Services (LT-PCS)



Personal Care. Quality Outcomes.

For more information, visit our website at
www.gctfs.org

or contact us at info@gctfs.org

 **Gulf Coast
Social Services**

Program Description

Long Term Personal Care Services (LT-PCS) is a Medicaid funded program designed to supplement a recipient's family and/or community supports. LT-PCS enables a person who would otherwise require care in a nursing facility or long-term care facility to remain in his or her own home.

Eligibility is limited to Medicaid recipients 65 years of age and older, or Medicaid recipients who are 21 years of age or older and disabled according to SSI* criteria. In addition to these restrictions, the recipients must require assistance with activities of daily living, be able to participate in and direct their care, and meet nursing home facility level of care admission criteria. Services under the PCS program include assistance with activities of daily living (ADLs - eating, bathing, dressing, grooming, transferring, etc.) and instrumental activities of daily living (IADLs - light housekeeping, food preparation, grocery shopping, and laundry).

LT-PCS is limited to 42 hours per week, depending on need.

* Supplemental Security Income

Who is Eligible?

- Medicaid recipients who are:
 - 65 years of age or older **or**
 - 21 years of age or older and disabled according to SSA criteria
- LT-PCS applicants must also meet all of the following requirements:
 - Meet nursing facility level of care
 - Require at least limited assistance with one ADL
 - Be able to direct their care independently or through a responsible representative
- LT-PCS applicant must also meet one of the following criteria:
 - Currently reside in a nursing facility and could be discharged if community-based services were available
 - Be likely to require nursing facility admission within the next 120 days
 - Have a primary caregiver who has a disability or is over the age of 70
 - Face a substantial possibility of deterioration in mental or physical condition or functioning if either home and community-based services are not provided in less than 120 days

Services Provided

- Assistance with activities of daily living (ADL) such as any of the following:
 - Eating
 - Bathing
 - Dressing
 - Grooming
 - Transferring
 - Walking
 - Toileting
- Assistance with instrumental activities of daily living (IADL) such as the following:
 - Light housekeeping
 - Food preparation
 - Grocery shopping
 - Laundry
 - Help with medical appointments
- To find out more about this program, call the Louisiana Options in Long Term Care help line at 1.877.456.1146 (TDD 1.877.544.9544), Monday through Friday between the hours of 8 a.m. and 5 p.m. The call is free .