

Our Mission

Gulf Coast Teaching Family Services (GCTFS) is now doing business as Gulf Coast Social Services (GCSS). We are a private, non-profit corporation founded in 1983 in Louisiana to provide comprehensive human service programs for Louisiana citizens, children and adults, with various physical and mental challenges.

Our mission is to empower people with mental, physical, behavioral, and other challenges to improve the quality of their lives and to live as independently as possible in the community.

We operate seven regional offices located in Alexandria, Baton Rouge, Hammond, Houma, Lafayette, Lake Charles, and New Orleans.

Areas Served

Alexandria

(Lafayette satellite office)
1300 Jackson Street
Alexandria, LA 71301

phone: (318) 448-1801
toll free: (888) 448-1809
fax: (318) 448-1841

Baton Rouge

5850 Florida Boulevard
Baton Rouge, LA 70806

phone: (225) 201-0696
toll free: (800) 766-2291
fax: (225) 201-1792

Hammond

620 N. Morrison Boulevard
Suite A
Hammond, LA 70401

phone: (985) 542-1191
toll free: (800) 442-1191
fax: (985) 345-9910

Houma

(Main Office)
320 Progressive Boulevard
Houma, LA 70360

phone: (985) 851-4488
toll free: 1-800-947-7645
fax: (985) 872-0985

Houma

(Satellite Office)
2509 Petroleum Drive
Houma, LA 70363

phone: (985) 853-1445
toll free: (800) 831-2630
fax: (985) 853-0709

Lafayette

515 S. College Road,
Suite 100
Lafayette, LA 70503

phone: (337) 269-1165
toll free: (800) 285-8123
fax: (337) 235-1961

Lake Charles

(Lafayette satellite office)
825 Ryan Street, Suite 300
Lake Charles, LA 70601

phone: (337) 436-6622
toll free: (888) 436-6635
fax: (337) 436-4403

New Orleans

401 Whitney Avenue,
Suite 104
Gretna, LA 70056

phone: (504) 361-9950
toll free: (800) 947-5432
fax: (504) 362-9695

Personal Care Attendant Services (PCA)

A NOW WAIVER PROGRAM



Personal Care. Quality Outcomes.

For more information, visit our website at
www.gctfs.org

or contact us at info@gctfs.org

 **Gulf Coast
Social Services**

Program Description

Personal Care Attendant Services (PCA) is a Home and Community-Based (HCBS) NOW program that allows recipients to receive services in their home instead of institutional care. It provides planned personal care attendant services to assist individuals with disabilities in the performance of necessary daily living activities, as well as respite care to relieve caretakers of their responsibilities for brief periods of time. Through a plan of care conducted by the individual, his/her family, and a group of professionals, PCA enables its recipient to live at home, or if possible, to live independently.

About NOW (New Opportunities Waiver)

NOW is a Medicaid-funded waiver program which provides a direct support professional to assist the individual with daily living needs in their home and in the community. NOW is intended to provide specific, activity-focused services rather than continuous custodial care. This waiver is offered on a first-come, first-served basis.

Who is Eligible?

- NOW requirements:
- Recipient must meet ICF/DD* requirements:
 - Be age 3 years or older and have a developmental disability which manifested prior to age 22
 - Meet income and resources guidelines set by the Department of Health and Hospitals (DHH)
- PCA requirements:

The consumer must have a chronic disability which is attributable to a physical and/or mental impairment. This disability must:

 - Not be part of the natural aging process
 - Be likely to continue indefinitely
 - Result in substantial limitations in at least three of the following major life activities:
 - » Self care
 - » Receptive and expressive language
 - » Learning
 - » Mobility
 - » Self direction
 - » Capacity for independent living

* Intermediate Care Facility for Person with Developmental Disabilities

Services Provided

- Assistance with personal hygiene, dressing, bathing, or grooming
- Light cleaning tasks in the areas of the home used by the recipient
- Shopping for health and hygiene products, clothing, and groceries
- Assistance with transfer and/or ambulation
- Assistance in the storage of food products and meal preparation
- If indicated, accompanying consumer to the clinic, doctor's office, or other appointments related to the maintenance of their health
- Assistance with support services such as advocacy, and negotiating services
- Assistance with feeding objectives

For more information, contact the Office of Citizens with Developmental Disabilities at 1.866.783.5553 or at ocddinfo@la.gov.